

BIKE TREKKING

BIKETREKKING FROM TRANSFER MALGA FRATTE TO SPORTING HOTEL

STARTING FROM EURO 280

Check in at the Sporting Residence Hotel located in Asiago with a complementary cocktail and a quick introduction to the tour you selected.

DAY 1: From Malga Fratte to Rifugio Campomuletto

Distance: 17 km

Duration: 2/3H

Total Climb: +598m -354m Average Slope: +5.3 -5.2 Maximum +18.7 -20.3

Level of Difficulty: easy

Once you leave your backpacks you will be transferred Malga Fratte for a short stage before getting to the Lodge Rifugio Campomuletto. The nickname of the area is "The Finland of Italy" because of natural oasis surrounded by peace and quiet landscape. The trail partially paved will be surrounded by grassland and pine forests, one of the most fascinating places on the plateau. You will continue following the signs for Rifugio Barricata and after a short break you will take the trail going west to get into the forests that surround the area until you get to Rifugio Campomuletto. From June to September the area is pampered by the sound of cowbells; you will taste excellent cheeses and see how they are produced in this alpine location. Upon request, it is possible to book an educational visit to the local "moorland" to see rare species of plants and wild animals of the area.

You are expected to arrive late afternoon to the lodge for dinner and accommodation.

DAY 2: From Rifugio Campomuletto to Malga Larici

Distance: 25 km

Duration: 4H

Total Climb: +1168m-1118m Average Slope: +7.83 -7.5 Maximum: +31.8-41.9

Level of Difficulty: intermediate

Today's stage brings you to a variety of landscapes. The first part of the trek is surrounded by an environment of open grassland and coniferous forests leading up to the great "busa" of Campofilone, passing by one of the most interesting and mostly unknown forest area of the plateau called "Bosco Secco" (dry forest), a protected area with an ancient and primitive forest that will take you along the slopes of Mountain Zebio and Mountain Zingarella.

An easily detour from the main path will take you to this protected area for bird watching too. After a quick ride to the eastern slopes of Mount Zebio through woods and across the main front line of 1st World War 1915-18 (it will be possible to visit the museum of Mount Zebio) when at the intersection named Tabella dello Zebio, keeping left you will continue easily at the bottom of Mount Zingarella where with a little attention it will be easy to spot chamois and deer stationed on the east slope of Mountain, until you will arrive to Galmarara Valley for one of the most incredible views of the Altopiano plateau.

From M.ga Galmarara you will ride towards Busa del Molton around Mount Zoviello until you arrive to an



area named Monumenti. In this area you will be surrounded by what still remains from 1st World War. Also, with a bit of luck and not making noise, you should be able to spot colonies of marmots. You then ride towards Bocchetta Portule going down very carefully due to the bumpy road towards the area of Lodge Rifugio Larici, where you will arrive in the afternoon for dinner and accommodation.

DAY 3: From Rifugio Larici to Rifugio Campolongo

Distance: 25.7km

Duration: 4H

Total Climb: +1182m-1380m Average Slope: +8.2 -9.3 Maximum: +40.0-43.0

Level of Difficulty: intermediate/easy

You will depart from Rifugio Larici for an easy stage that will open up the horizons to the South-eastern peaks of the Asiago Plateau. The route follows the trail that is climbing up towards Porta Manazzo and from here it will be easy to go down through the magnificent forests and glades of Cima Mandriolo and Spitz Verle up to the great Piana di Vezzena. 500 meters after crossing the main paved road you will take the dirt road to the left that through Malga Basson di Sopra will take you Camporosa. After a short but challenging climb you will reach Malga Mandrielle and continuing along the main track after 5 km you will easily reach the lodge at Rifugio Campolongo.

You will arrive late afternoon for dinner and accommodation.

DAY 4: From Rifugio Campolongo to Sporting Hotel

Distance: 22.6 km

Duration: 3H

Total Climb: +531m-1085m Average Slope: +6.0 -7.2 Maximum: +31.9-28.8

Level of Difficulty: intermediate

Start from Rifugio Campolongo and go downhill on a paved road until you will get to the junction that takes you to the ski resort of Mount Verena. Keep right and after 500m turn left onto a dirt road that goes up to the area named Spiazzi dei Mercanti. Turn left and uphill to the area named Civello and follow the signs for Mount Verena. At Civello (do not take the first right going down) go up to the right for 800m and follow the sign for Casare Verena Malga Quarti where you will go downhill until you arrive at Laghetto di Roana. Riding through the town you will go to Val d'Assa Valley where under the bridge you will be able to visit an outdoor museum with marks on rocks left by prehistoric men. After that through a bumpy road you will get to Canove di Roana. From this point look for the path of the former railroad that will lead you gently to Asiago.

Estimate arrival late afternoon - complementary cocktail and cool down in the hotel's SPA. Dinner and accommodation.



TREKKING DETAILS

Treks are organized by your choice. You decide the departure date and we will take care of everything else, starting with the first meeting to the end of your tour. We will take care of your luggage from one lodge to the other and we will provide maps with detailed description and reliable paths. Our help will allow you to enjoy completely the Asiago Plateau choosing time and rhythm of your vacation.

ASIAGO TREKKING SUPPORT

Asiago Trekking's team will be available 24/7 to ensure the best result of your vacation. Assistance will be provided anytime. For emergency you can contact (tel.: +39 333 7503484 / +39 0424 462177, e-mail: info@asiagotrekking.it booking@asiagotrekking.it)

DEPARTURES

From June to October

RESERVATION TEL +39 333 7503484 - booking@asiagotrekking.it

CHECK IN AND CHECK OUT LOCATION:

Starting point: Sporting Hotel Asiago

Arrival Point: Sporting Hotel Asiago

ACCOMODATION:

Mountain Lodge (Rifugio): 3 nights - Sporting Hotel 1 night

DIFFICULTIES:

From 3 to 5 hours biking through short paths and easy trails (average).

BIKETREKKING TYPE

Biketrekking with no guide; detailed maps for all trails are available.

YOUR LUGGAGE

Luggage will be picked up and delivered using our service car to the different meeting points; daily walking are made just with light equipment as a small backpack loaded with what you need for the single day trip. We recommend limiting the weight your main bag up to 15 kg to facilitate the delivery service and transportation.

WHAT TO BRING WITH YOU DURING THE DAILY TREKKING:

- A small backpack with inside some water, your camera, sandwich for lunch and a waterproof jacket.
- To walk: wear comfortable hiking shoes with a good grip on the ground; socks made for walking, shorts and T-shirts. First aid kit is welcome.

PRICE:

Low season: from 01/06 to 20/07 – from 20/08 to 20/10

Price per person: € 280

Children from 3 years to 12 years old: € 160

High season from 20/07 to 20/08

Price per person: € 340

Children from 3 to 12 years: € 200

PRICE INCLUDES:

- accommodation, dinner, breakfast
- baggage transportation; daily map

PRICE DOES NOT INCLUDE:

- drinks and lunch
- expenses not covered by the program
- guide service for hiking and bikes
- insurance
- bicycle rentals, Nordic walking sticks rentals

FOOD

Continental breakfast by Rigoni di Asiago: tea, coffee, milk, butter, jam.

Dinner prepared with the unique local products. Drinks are not included.

