5 DAYS 4 NIGHTS AT\_T4

# NORDIC WALKING TREKKING

# FROM RIFUGIO BARRICATA TO RIFUGIO LARICI

## STRATING FROM EURO 280

Check in at the Sporting Residence Hotel located in Asiago with a complementary cocktail and a quick introduction to the tour before being transferred to the lodge Rifugio Barricata. Dinner and accommodation.

**DAY 1:** From Rifugio Barricata to Rifugio Campomuletto

Distance: 14.5 km Duration:4/5H

Total Climb: +534m -272m Average Slope: +7.9 -5.0 Maximum +24.9 -36.5

Level of Difficulty: intermidiate

Today's trail starts from Rifugio Barricata on Trentino County following the path on the edge of the Piana di Marcesina (1300mt), heading close to San Lorenzo's Church through the bogs known as Palu' di Sotto and Palu' di San Lorenzo. Around Casonetti's area (old lumberjack houses) after a short stretch of paved road you will walk close to Galo's hill and Mount Spinle before arriving to Rifugio Campomuletto. With a short walk it will be possible to extend the trek visiting the "path of silence" a small open-air museum with 10 contemporary art installations remembering all wars. Something to think about the horrors of war VS the value of peace. A quite place surrounded by nature and history, educational games and activities for children. Rigugio Campomuletto will be the final destination for today with dinner and accomodation.

DAY 2: From Rifugio Campomuletto to Malga Galmarara

Distance: 16 km Duration: 5/6H

Total Climb: +572m -557m Average Slope: +7.0 -6.3 Maximum +28.1 -34.5

Level of Difficulty: difficult

We leave after a big breakfast prepared by "Smilzo" (lodge owner) walking towards the north of the plateau. A Malga Fiara we take the path CAI 850 until Roccolo di Fiara. The trek continues towards the north-west towards Malga Bosco Secco – Fontanello di Bosco Secco along an easy road running through fir trees with ancient origins. From the area called Albi di Bosco Secco we continue to Mount Forno overcoming the Busa of Terremore. We continue up north following direction for Bivio Italia up to where Galmarara Valley opens up the horizon to the north side of the Plateau. At Bivio Conrad we descend along Corno di Campo Bianco leaving Rifugio Tre Fontane right until we reach the path CAI 830 that leads to Malga Galmarara, altitude 1600m asl.

Estimated arrival late afternoon - welcome drink, dinner and accomodation.



DAY 3: From Malga Galmarara to Rifugio Larici

Distance: 14.51 km Duration: 5/6H

Total Climb: +856 m-815m Average Slope: +9.7 -10.4 Maximum +40.0 -43.0

Level of Difficulty: difficult

A wild area of plants and animal to explore. It would be possible in the morning with a little bit of luck to encounter some eagles, deer and other wild animals.

The trail climbs gently alongside of Mount Arsenale and then down the spectacular Portule's valley, one of the most fantastic valleys of the Altopiano Plateau, almost untouched, marked only by ruins left by the 1st World War. We are within an open air museum of endless dimensions. You can make a short detour to the site of Campogallina one of the most interesting areas of the open air museum "walk of peace."

The climb to the top of Mount Portule is richly rewarded with an opening horizon that allows the eye to wander one the highest peaks of the plateau (Cima 12 and Mount Ortigara) and the full view of the Eastern Alps.

You will then continue down to Rifugio Larici where you will get the transfer for the Sporting Hotel. Dinner and accomodation.



#### TREKKING DETAILS

Treks are organized by your choice. You decide the departure date and we will take care of everything else, starting with the first meeting to the end of your tour. We will take care of your luggage from one lodge to the other and we will provide maps with detailed description and reliable paths. Our help will allow you to enjoy completely the Asiago Plateau choosing time and rhythm of your vacation.

### **ASIAGO TREKKING SUPPORT**

Asiago Trekking's team will be available 24/7 to ensure the best result of your vacation. Assistance will be provided anytime. For emergency you can contact (tel.: +39 333 7503484 / +39 0424 462177, e-mail: info@asiagotrekking.it booking@asiagotrekking.it)

#### **DEPARTURES**

From June to October

#### RESERVATION TEL +39 333 7503484 - booking@asiagotrekking.it

#### **CHECK IN AND CHECK OUT LOCATION:**

Starting point: Sporting Hotel Asiago Arrival Point: Sporting Hotel Asiago

#### **ACCOMODATION:**

Mountain Lodge (Rifugio): 3 nights - Sporting Hotel1 night

#### **DIFFICULTIES:**

From 4 to 6 hours walking through short paths and easy trails (average).

#### TREKKING TYPE

Trekking with no guide; detailed maps for all trails are available.

#### YOUR LUGGAGE

Luggage will be picked up and delivered using our service car to the different meeting points; daily walking are made just with light equipment as a small backpack loaded with what you need for the single day trip. We recommend limiting the weight your main bag up to 15 kg to facilitate the delivery service and transportation.

#### WHAT TO BRING WITH YOU DURING THE DAILY TREKKING:

- A small backpack with inside some water, your camera, sandwich for lunch and a waterproof jacket.
- To walk: wear comfortable hiking shoes with a good grip on the ground; socks made for walking, shorts and T-shirts. First aid kit is welcome.

#### PRICE:

Low season: from 01/06 to 20/07 - from 20/08 to 20/10

Price per person:  $\notin$  280 Children from 3 years to 12 years old:  $\notin$  160

High season from 20/07 to 20/08

Price per person:  $\notin$  340 Children from 3 to 12 years:  $\notin$  200

#### **PRICE INCLUDES:**

- accommodation, dinner, breakfast
- baggage transportation; daily map

#### PRICE DOES NOT INCLUDE:

- drinks and lunch
- expenses not covered by the program
- guide service for hiking and bikes
- insurance
- bicycle rentals, Nordic walking sticks rentals

#### FOOD

Continental breakfast by Rigoni di Asiago: tea, coffee, milk, butter, jam. Dinner prepared with the unique local products. Drinks are not included.

